

**2007/08 REP TEAM TRYOUTS**

Are you interested in playing for the Monarchs?  
Don't miss your chance to be a part of the largest basketball club in Ontario!

**Try-Out Fee:**  
\$20/player

**BOYS TRYOUTS:**

Division	Year of Birth	Location	Time	Date
Novice	1998 & 99	Sheridan College – Trafalgar	10am-12pm	Sept 8 & 15
Atom	1997	Sheridan College – Trafalgar	12-2pm	Sept 8 & 15
Major Atom	1996	Sheridan College – Trafalgar	2-4pm	Sept 8 & 15
Bantam	1995	Sheridan College – Trafalgar	4-6pm	Sept 8 & 15
Major Bantam	1994	Sheridan College – Trafalgar	6-8pm	Sept 8 & 15
Midget	1993	Hershey Sport Zone	10am-12pm	Sept 15 & 22
Major Midget	1992	Hershey Sport Zone	12-2pm	Sept 15 & 22
Juvenile	1991	Hershey Sport Zone	2-4pm	Sept 15 & 22
Junior	1990 & 89	Hershey Sport Zone	2-4pm	Sept 15 & 22

**GIRLS TRYOUTS:**

Division	Year of Birth	Location	Time	Date
Novice	1998 & 99	Sheridan College – Trafalgar	10am-12pm	Sept 9 & 16
Atom	1997	Sheridan College – Trafalgar	10am-12pm	Sept 9 & 16
Major Atom	1996	Sheridan College – Trafalgar	2-4pm	Sept 9 & 16
Bantam	1995	Sheridan College – Trafalgar	12-2pm	Sept 9 & 16
Major Bantam	1994	Sheridan College – Trafalgar	12-2pm	Sept 9 & 16
Midget	1993	Hershey Sport Zone	4-6pm	Sept 9 & 16
Major Midget	1992	Hershey Sport Zone	4-6pm	Sept 9 & 16
Juvenile	1991	Burnhamthorpe Community Centre	5-7pm	Sept 15
Junior	1990 & 89	Hershey Sport Zone	4-6pm	Sept 16 & 23

\* Times and locations subject to change. Visit [www.mmba.on.ca](http://www.mmba.on.ca) for updates.

**Tryout Registration:**

Plan to arrive at the tryout 30min before the scheduled start to register. Players cannot pre-register. Information about tryouts, parent obligations and the Rep program will be distributed at that time.

**GOOD LUCK!**



**NEW HOME OF THE**



**Monarchs**



**FALL 2007**

**Hershey Centre  
5500 Rose Cherry Place  
Mississauga, ON L4Z 4B6**

The Mississauga Minor Basketball Association Inc is pleased to announce it has joined the **Hershey Sports Zone!** This state of the art facility boasts a triple gymnasium complex and will host our Monarch Rep practices, games, tournaments, camps and events. In addition, the MMBA office will be relocating to the sports complex this Fall.

The MMBA is committed to providing quality programs that not only develop the skills of each participant, but promote and develop basketball within the City of Mississauga. We believe this new venture will allow us to continue to meet the demands of the fastest growing sport in Canada. This is a monumental occasion in the history of the MMBA and we are excited about the opportunity to share this new facility with you – our membership.

**STAY TUNED FOR MORE DETAILS!**



**Mississauga Minor Basketball Association  
Home of the Monarchs**

**COURTSIDE**

**October 2007**

**HOOP HIGHLIGHTS**

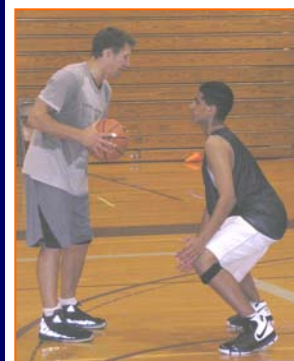
**May 20, 2007**

- The 2007/08 Rep season comes to an end. MMBA teams win a total of 10 provincial medals at the Ontario Cup!

**May 26, June 2, 9 & 16, 2007**

- Monarch coaches host a series of *Skill Development Sessions for Girls* with a focus on skills necessary to play Rep basketball at the Atom and Major Atom level. The first week is free for all participants.

**June 8-10, 2007**



The MMBA hosts the first annual *High Performance Skills Camp with Ganon Baker* at Sheridan College – Trafalgar Campus. Ganon is an international basketball clinician and Nike skill development trainer, having played at the college and professional level. He has trained a number of professional athletes and is in high demand. Other camp staff will include Alex Urosevic (Assistant Coach, Wilfrid Laurier University), Tanya Callaghan (Associate Coach, Nike Centre for Performance), Vladimir Matevski (Head Coach, Toronto Five-O) and Bet Naumovski (Chartered Professional Coach and Head Coach of the U19 Monarchs Girls Team). Campers include Rep athletes from across Southern Ontario.

**July 4, 2007**

- The MMBA hosts the first annual *Bring the Heat Summer League* for high school senior boys. Teams include St. Francis Xavier, the U15 Mississauga Marauders and the Mississauga Heat.

**July 9-13 & 16-20, 2007**

- The MMBA conducts the first two weeks of the *Monarch Boys Camp* for campers 10-16 years of age. Rogers television highlights the camp on their evening news. Both camps are sold out!
- The *Mini Monarch Camps* take place for campers 6-9 years of age.

**July 13-15, 2007**

- The U19 Monarch Girls Summer AAU team competes in the *Nike Summer Showcase* in Chicago. The Showcase is the largest high school age group NCAA-certified observation event in the United States. The Showcase hosts over 200 elite club teams and attracts more than 400 collegiate coaches from virtually every NCAA Division I basketball program in the country.



**July 23-27 & July 30-August 3, 2007**

- The *She Got Game Girls Basketball Camp* is underway at Iona Secondary School. The camp is directed by Michele Belanger, Head Coach of the University of Toronto Women's Basketball Team.
- The final week of the *Mini Monarchs Camp* takes place for campers 6-9 years of age at Edenwood Middle School.

**July 27-29, 2007**

- The U19 Monarch Girls Summer AAU team competes in the *USA Invitational at Notre Dame*. The event is one of the Midwest's best exposure events of the summer.

**August 14-18, 2007**

- Lisanne Comeau*, member of the U19 Junior Girls Monarch Team helps Team Ontario win gold at the U17 Girls National Championships in Burnaby, BC. The team went undefeated throughout the tournament with convincing wins over all opponents.

**August 13-17 & August 20-24, 2007**

- The final two weeks of the *Monarch Boys Camp* takes place at the Canadian Coptic Centre. All weeks are sold out!

**August 22, 2007**

- Congratulations to St. Francis Xavier who are champions of the first annual *Bring the Heat Summer League!*

## UPCOMING EVENTS

### 2007/08 Monarchs House League

**Location:** Mississauga

**Date:** October 9, 2007

The 2007/08 Mississauga Monarchs House League tips off for its 22<sup>nd</sup> season. The league includes 1200 boys and girls from across Mississauga and over 200 community volunteers. Space is limited so register now to avoid disappointment. For more information and to register, please visit [www.mmba.on.ca](http://www.mmba.on.ca).

### Rep Team Tryouts

**Location:** See tryout schedule on back

**Date:** September 9, 2007

Tryouts begin for our Monarchs teams. Affiliated with the City of Mississauga and Basketball Ontario, the MMBA fielded 29 teams that represented Mississauga at various Basketball Ontario sanctioned tournaments in the 2006/07 season. Our teams brought home 10 Ontario Cup honors last season. All coaches are certified by the Coaching Association of Canada.

### House League Volunteer Coaches & Convenors Meetings

**Location:** Iona Secondary School

**Date:** October 1 & 4, 2007

**Time:** 6-8pm (Mini, Novice and Atom Coaches) & 8-10pm (Bantam, Midget, Juvenile)

The MMBA will be conducting a number of training workshops throughout the 2007/08 Monarchs House League season. This will be the first training workshop to discuss the goals, focus, philosophies and teaching points for each division of play. We encourage all coaches to participate so that they can be successful in guiding each player to their best! Coaching meetings/workshops are mandatory for all student volunteers.

### House League Referee Training Workshops

**Location:** West Credit SS & St. Francis Xavier

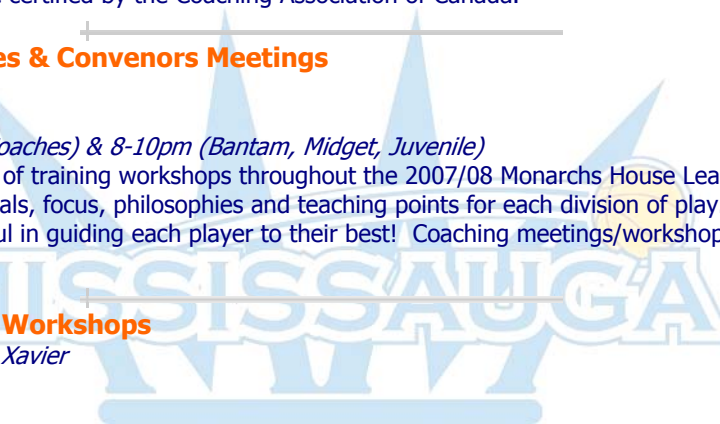
**Date:** October 3, 5 & 10, 2007

**Time:** 6-8pm

The MMBA will be conducting a number of training workshops for student referees throughout the 2007/08 Monarchs House League season. Student referees will be taught the basics of positioning, game management, decision-making, league rules and signals. The workshops are mandatory for all referees.



Join the action!



## Share Your Pictures!

We want to see you in action! Send us your best action shots from the upcoming 2007/08 Monarchs basketball season and you could see your photo in the next Courtside!

Please email your digital photos to [bet@mmba.on.ca](mailto:bet@mmba.on.ca) for consideration.



Mississauga Minor Basketball Association Inc reserves publication rights in its newsletter, electronic media and possible use in future MMBA promotional material. Contestants must own all rights to the photos submitted.

## 2007/08 MONARCHS HOUSE LEAGUE REGISTRATION ON NOW!



The *Monarchs House League* is a grassroots, recreational program that focuses on skill development, fun and play. The program includes 1200 boys and girls between the ages of 6 and 17 years old. Through the leadership of parent and community volunteers, the objectives of the House League are to:

- Teach basketball skills in a progressive and consistent manner.
- Teach youth the values, qualities and skills that are required to succeed on and off the court.
- Involve and develop the skills of community coaches, volunteers, officials and parents.

**Space is limited so register now to avoid disappointment. For more details and to register, please visit [www.mmba.on.ca](http://www.mmba.on.ca).**

### HOUSE LEAGUE VOLUNTEERS



As a non-profit organization, our House League is completely driven by community volunteers including parents and students. To volunteer visit [www.mmba.on.ca](http://www.mmba.on.ca).

#### PARENTS

Quality programs are dependent on quality volunteers like you! We encourage you to get involved. Coaching your own kids can be a rewarding experience that you both remember for a lifetime. As a coach you can help your kids and their friends enjoy sports. You teach them that hard work and the mastery of various drills and skills will improve them athletically and make them feel better about themselves. It's teaching. It's fun. It's quality time with your kids!

**Parents volunteering to coach in the Monarchs House League will have first choice when selecting a session for their child.** Parents may volunteer during the registration process. Coaching workshops and a detailed manual will be provided.

#### STUDENTS

If you are a high school student who is passionate about basketball and helping kids learn, the Monarchs House League is for you! Not only will you experience the rewards of helping kids succeed, but gain valuable Community Service Hours as well.

## PLAYING TIPS: Playing in the Closing Minutes

Much of a team's success will depend on how well it performs during the closing minutes of a game. Anytime the team is in the last 3 minutes of a game, follow these rules to control the situation:

- Maintain constant mental concentration and poise. Good players get it done under pressure.
- Stay in your offensive pattern and continue to move and work for a good shot (movement is vital to occupy the defense).
- Read the defensive player on every pass, anticipating a gamble by the defense.
- Go inside more than normal for the high-percentage shots.
- Get the ball on the foul line by keeping constant basket pressure on the defense. Foul shots are money in the bank.
- Be active on the offensive boards. Second and third shots are most critical at this point and often lead to drawing fouls.

#### KEEPING A LEAD

If the team is ahead in the last 3 minutes:

- No quick shots.
- No long shots. Look for **lay-ups** or **foul shots**. Look for only the very high-percentage shots that will result in an easy basket or getting fouled.
- Spread the offense to prevent doubling opportunities.
- Even though it may seem best to simply spread out and run the clock, you should never completely take away the thought of scoring on offense. Always attack the defense and look to score.
- Keep the ball in the hands of your best ballhandlers.

#### COMING FROM BEHIND

If the team is behind in the closing seconds and has the ball, the strategy is much the same as if ahead. Look for a **lay-up** or **short shots**. Avoid going for the 3-pt shot too early. You won't get all the points back at once, so the team will need its defense! Opponents will be reluctant to foul near the end of a game when leading, so be aggressive, look for high percentage shots and potential three point plays ("and ones") to stop the clock. **Rebound all missed shots aggressively to increase scoring chances!**

If down by more than 2 pts, read the time and score situation to determine whether you need a 2-pt or 3-pt basket.

If behind by 4 or 5 pts, you still need two possessions to tie or win the game, so it may be advisable to get two points if they can be scored quickly. Other factors in your decision will include:

- the amount of time left in the game
- the number of time-outs you have remaining
- the personal foul situation
- the team foul situation
- how well the opponent is shooting from the foul line
- who is shooting well for you
- whether you are making a run at the opponents defensively

Official Sponsor of the MMBA

**SWISS CHALET**  
ROTISSERIE & GRILL

Quote of the Month:

*When I was young, I never wanted to leave the court until I got things exactly correct. Larry Bird*